



**DEPARTMENT OF THE AIR FORCE  
HEADQUARTERS 11TH WING (AFDW)  
JOINT BASE ANACOSTIA-BOLLING DC**

17 April 2024

MEMORANDUM FOR JOINT BASE ANACOSTIA-BOLLING

FROM: JBAB/CC

SUBJECT: Child Supervision Guidelines

1. Purpose: To establish a Child Supervision Policy for active-duty military families and Department of Defense civilian employees residing and working on Joint Base Anacostia-Bolling (JBAB), Washington, District of Columbia.
2. Background: DoDI 6060.04, Youth Services Policy, effective 4 December 2019 Requires all military installations under their authority to follow guidance that addresses the ages and circumstances where a youth can be left at home alone without a prearranged responsible adult, also known as a “home alone policy” or a “self-care policy.”
3. Policy: While all children must be supervised, different degrees of supervision are required depending on the child’s age, demonstrated maturity level, self-discipline, and personal responsibility. The person providing supervision must be physically and mentally capable of safely caring for the children. This policy provides child supervision requirements for parents/guardians residing and working on JBAB. Violations of this policy may result in a child neglect referral to the Family Advocacy Program (FAP) or other authority. The following guidelines outline the basic requirements for child supervision on JBAB:
  - a. Basic Requirements
    - (1) Children under 8 years of age must be closely monitored (within sight) by a parent or designated responsible person. At age 8 and above, they may walk to and from the school bus stop alone.
    - (2) Children from 9 to 12 years of age can be allowed to explore their environment during the daylight hours with direct supervision. Children must have access to a prearranged responsible adult in a designated neighborhood area established by their parent/guardian. Access is defined as the children having the ability to contact a prearranged responsible adult in case of an emergency, and a parent/guardian knowing the location of the children. The designated neighborhood area should be convenient for the adult supervisor to regularly check-in on the children. The prearranged responsible adult should have the children check-in by phone if the child is changing locations. The children should be well rehearsed to call 911, fire, and security in the event of an emergency.
    - (3) Children from 9 to 12 years of age and attending the Child and Youth Programs Open Recreation Program are authorized to sign themselves in and out of the program only with a parental permission form on file.

***SENTINELS OF THE CAPITAL***

(4) Children 13 years of age may be left without direct supervision for six hours during the daylight hours with access to an adult by phone. The prearranged responsible adult should check-in on the children and/or have an adult neighbor or friend check-in on them every two hours. The children should be well rehearsed to call 911, fire, and security in the event of an emergency. The prearranged responsible adult should have the children check-in if the children are changing locations. If a child is not mature enough to check-in with a prearranged responsible adult, the standards for younger children will apply.

(5) Children 17 years of age may remain at home overnight for one night only without prearranged responsible adult. All children must have the prearranged responsible adult's work and mobile phone numbers and necessary emergency phone numbers. The prearranged responsible adult must be within the local area.

(6) Babysitters must be at least 18 years of age to supervise overnight. In order to babysit during the daylight hours, babysitters must be at least 13 years of age. Babysitters are strongly recommended to have completed the "Home-alone" training by the Youth Center, Red Cross babysitting training, or equivalent program and be able to provide adequately for a child's welfare and safety in all circumstances deemed appropriate. Babysitters under the age of 18 may babysit for no more than six hours during the day.

(7) Children who meet the criteria for the Exceptional Family Member Program require special supervision. These children must be supervised consistent with the supervision requirements contained in their individual care plan for children of similar ages and based upon their physical, mental, and emotional needs as specified by their primary care provider.

#### b. Curfews

(1) During the months of September through June, unless accompanied by an adult, the curfew for all children under the age of 17 is 2300 hours on Sunday through Thursday nights and continues until 0600 hours the following day. On Friday and Saturday, curfew hours are from 0001 hours (12:01 am) until 0600 hours.

(2) During the months of July and August, unless accompanied by an adult, the curfew for all children under the age of 17 is 0001 hours (12:01 am) until 0600 hours all seven days of the week.

#### 4. Definitions:

a. Children are defined as unmarried individuals under 18 years of age.

b. Parents are defined as biological parents or stepparents, guardians, or the sponsor of family members under 18 years of age.

c. Access is defined as the child having the ability to contact a prearranged responsible adult in case of an emergency, and a prearranged responsible adult knowing the location of the child.

d. Babysitters are defined as responsible individuals, 13 years of age or older, entrusted to care for children, and are required to abide by the "Home-alone" training guidelines.

e. Supervision is defined as assuming responsibility for children and using reasonable judgement in providing for their care.

f. Local area is defined as an area or location that is no more than one hour away by car.

g. Neglect is defined as actions or omissions by a parent, guardian, or caretaker, which includes, but is not limited to, deliberate negligent withholding or deprivation of necessities (e.g., nourishment, shelter, clothing, and health care), lack of adequate supervision, emotional educational neglect, or abandonment.

RYAN A. F. CROWLEY, Colonel, USAF  
Commander

I have read and acknowledge the JBAB Child Supervision Guidelines.

Name \_\_\_\_\_ Date \_\_\_\_\_ Signature \_\_\_\_\_